

## HERTFORDSHIRE COUNTY CHAMPIONSHIPS - 2 May 2011 - Stevenage

### 1500m

#### Senior Men

1	Jonathan Kinahan	Herts Phoenix	4:23.0
2	Philip Rich	Fairlands VS	4:25.7
3	Liam Herbert	Fairlands VS	5:21.9
4	Marc Green	Fairlands VS	5:31.2

#### Veteran Men

1	David Crout M40	Barnet	4:44.2
2	David Bowker M50	Fairlands FS	4:55.1
3	Chris Westcott M35	Fairlands VS	4:56.4
4	Robin Baynham M40	Herts Phoenix	5:09.7
5	Paul Holgate M50	Fairlands VS	6:40.0
6	Jim Brown M50	Fairlands VS	7:35.2

#### U20 Men

1	Edward Shepherd	Herts Phoenix	4:12.4
2	Alex Cloona	Herts Phoenix	4:19.2
3	Thomas Sloan	Stevenage	4:26.8
4	Chris Hilton	Stevenage	4:28.6
5	James Waterman	Herts Phoenix	4:43.4

#### U17 Men

1	James McMurray	St Albans	4:13.7
2	Liam Dee	Herts Phoenix	4:18.9
3	Chris Hilton	St Albans	4:32.1
4	Oliver Poulain	St Albans	4:43.8
5	Nicholas Doyle	Herts Phoenix	4:47.9
6	Andrew Wheatcroft	St Albans	4:57.1

#### U15 Boys

1	Robin O'Connor	St Albans	4:25.4
2	Jamie Dee	Herts Phoenix	4:26.3
3	Jack Gentle	St Albans	4:32.4
4	Corey Keane	Watford H	4:34.8
5	Tom Verbena	Watford H	4:39.9
6	Jake Barraclough	Bedford & C	4:42.4
7	Matt Simpson	Dacorum & T	4:50.4
8	Jonty Wager-Leigh	Dacorum & T	5:00.8
9	Dominic Stevens	Stevenage	5:11.1
10	Robert Bolton	Stevenage	5:14.4
11	Matthew Livesey	Stevenage	5:17.0

#### U13 Boys

1	Jamie Philpott	Herts Phoenix	5:11.3
2	Samuel Howell	Dacorum & T	5:25.2
3	Dan Duke	Stevenage	5:30.5
4	Andrew Shaw	St Albans	5:47.4

#### Veteran Women

1	Joanne Kent W40	Barnet	5:12.3
2	Kerry James W35	Fairlands VS	5:45.8
3	Sharon Crowley W50	Fairlands VS	6:55.5

### U20 Women

1	Natalie Wickings	Watford H	5:06.7
2	Hannah Dewhurst	Stevenage	5:11.4

### U17 Women

1	Elizabeth Bird	Herts Phoenix	4:46.7
2	Emily Ruane	Herts Phoenix	4:57.9
3	Megan Steer	St Albans	5:07.7
4	Hannah Hull	St Albans	5:14.0
5	Charlotte Michael	Barnet	5:20.9
6	Caroline Willis	Stevenage	5:22.3
7	Rebecca Harris	Stevenage	5:25.6
8	Sarah Grover	Dacorum & T	5:27.8
9	Bethany-May Carter	Shaftesbury BH	5:30.0
10	Sophie West	St Albans	6:00.2

### U15 Girls

1	Natalie Connor	Shaftesbury BH	4:59.2
2	Hannah Morton	Chiltern	5:06.0
3	Elizabeth Parry	Herts Phoenix	5:12.6
4	Ellie Baker	Herts Phoenix	5:12.7
5	Laura Edwards	St Albans	5:18.9
6	Abigail West	St Albans	5:25.1
7	Danielle Murphy	Stevenage	5:26.2
8	Niamh Quinn	St Albans	5:26.7
9	Phillippa Bailey	St Albans	5:27.7
10	Claire Baxter	Dacorum & T	5:28.9
11	Madeleine Geers	St Albans	5:30.7
12	Naomi Baker	St Albans	5:36.8
13	Niamh Cloona	Herts Phoenix	5:37.1
14	Janie Latchford	Stevenage	5:42.8

### U13 Girls

1	Marella Whitfield	Harrow	5:14.7
2	Tabitha Weddell	St Albans	5:31.1
3	Charlie Duke	Stevenage	5:36.5
4	Scarlett Wager-Leigh	Dacorum & T	5:58.6
5	Emily Hack	St Albans	6:04.1
6	Erin Breen	Herts Phoenix	6:04.7

### 3k Walk

1	Steve Allen M50	Barnet	15:55.3
2	Arthur Thomson M70+	Enfield & H	17:13.7
3	Costa Michael M40	Barnet	17:44.6
4	David Bowler M50	Fairlands VS	18:49.2
5	John Borgars M60	Herts Phoenix	19:25.9
6	Ken Livermore M70+	Enfield & H	23:56.1

## 4x100 Relay

### Senior Men

1	Stevenage & NH	45.3
2	Dacorum & Tring	45.6
3	Fairlands VS A	59.5
4	Fairlands VS B	73.2

### Veteran Men

1	Stevenage & NH	55.2
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### U20 Men

1	Stevenage & NH	49.5
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### U17 Men

1	Stevenage & NH	54.3
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### U15 Boys

1	Stevenage & NH	52.2
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### U13 Boys

1	Stevenage & NH	63.6
2	Barnet	65.5

## 4x400 Relay

### Senior Men

1	Herts Phoenix	3:26.7
2	Stevenage & NH	3:30.9
3	Barnet	3:45.0
4	Fairlands VS A	4:33.7
5	Fairlands VS B	5:59.7

### Veteran Men

1	Stevenage & NH	4:25.0
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### U20 Men

1	Herts Phoenix	3:44.5
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### U17 Men

1	Stevenage & NH	4:03.2
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### U15 Boys

1	Stevenage & NH	4:20.1
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### Senior Women

1	Watford Harriers	55.1
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### Veteran Women

1	Stevenage & NH	62.1
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### U20 Women

1	Herts Phoenix	52.0
2	Stevenage & NH	57.5

### U15 Girls

1	Stevenage & NH A	53.5
2	Herts Phoenix A	54.1
3	Watford Harriers	54.3
4	Barnet	54.4
5	Stevenage & NH B	59.3
6	Herts Phoenix B	59.3

### U13 Girls

1	Stevenage & NH	60.6
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### Senior Women

1	Herts Phoenix	4:08.9
2	Watford Harriers	4:34.3

### Veteran Women

1	Stevenage & NH	5:00.0
2	Fairlands VS	5:33.1

### U20 Women

1	Stevenage & NH	4:23.2
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### U17 Women

1	Herts Phoenix	4:27.3
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### U15 Girls

1	Stevenage & NH	4:27.7
2	Watford Harriers	4:40.2
3	Stevenage & NH	4:51.6

## Veteran Championships

### M35

100m			
1	Steve Dobson	Barnet	12.8
200m			
1	Steve Dobson	Barnet	27.2
400m			
1	Chris Westcott	Fairlands VS	59.5
LJ			
1	Steve Dobson	Barnet	4.77

### M40

100m			
1	John Garner	Dacorum & T	12.1
2	Ty Holden	Barnet	12.9
3	Comie Campbell	unattached	12.9
4	Ian Hawtin	Dacorum & T	13.5
200m			
1	Ty Holden	Barnet	26.4
2	Martin Procter	Herts Phoenix	26.8
400m			
1	Andrew Cunningham	Barnet	57.1
2	Peter Ilo	Barnet	58.1
3	Martin Procter	Herts Phoenix	61.0
4	Steve Mayfield	Fairlands VS	65.9
800m			
1	Andrew Cunningham	Barnet	2:25.1
2	Steve Mayfield	Fairlands VS	2:35.6
3	Paul Pickard	Fairlands VS	2:36.5
5000m			
1	Ian Johnston	Shettleston	16:48.7
400H			
1	Robin Baynham	Herts Phoenix	71.5
LJ			
1	John Garner	Dacorum & T	5.82
2	Martin Procter	Herts Phoenix	4.91
3	Ian Hawtin	Dacorum & T	4.87
4	Steve Mayfield	Fairlands VS	4.41
TJ			
1	Comie Campbell	unattached	9.70
2	Steve Mayfield	Fairlands VS	8.41
SP			
1	Nick Winwood	unattached	9.80
DT			
1	Steve Mayfield	Fairlands VS	17.21
HT			
1	Nick Winwood	unattached	32.09
2	Steve Feely	Stevenage	24.81
JT			
1	Steve Mayfield	Fairlands VS	22.01

### M50

100m			
1	Michael Vassilou	Enfield & H	12.2
2	John Mayor	Stevenage	12.5
3	Alan Perry	Harrow	14.3
200m			
1	Michael Vassilou	Enfield & H	24.4
2	John Mayor	Stevenage	25.4
3	Paul Barfoot	Herts Phoenix	28.7
4	David Bowker	Fairlands VS	32.0
400m			
1	Michael Vassilou	Enfield & H	55.5
800m			
1	Pete Eames	Stevenage	2:36.8
5000m			
1	David Bowler	Fairlands VS	20:15.4
2	Paul Holgate	Fairlands VS	24:35.5
3	Jim Brown	Fairlands VS	26:26.1
100H			
1	John Mayor	Stevenage	15.0
400H			
1	John Mayor	Stevenage	65.7
SP			
1	Tim Saunders-Mullins	WatH	8.93
2	David Bowker	Fairlands VS	6.40
DT			
1	Dave Faulkner	Garden City R	25.57
2	Tim Saunders-Mullins	WatH	21.89
3	David Bowker	Fairlands VS	11.83
HT			
1	Tim Saunders-Mullins	WatH	31.97
JT			
1	David Bowker	Fairlands VS	21.03
M60			
400m			
1	Chris Lawn	Herts Phoenix	75.6
SP			
1	Mick Shortland	Stevenage	9.50
2	Robert Burton	SCVAC	7.63
3	Len Allbrighton	Stevenage	6.33
DT			
1	Robert Burton	SCVAC	27.79
2	Mick Shortland	Stevenage	23.74
3	Len Allbrighton	Stevenage	19.11
HT			
1	Mick Shortland	Stevenage	29.84
JT			
1	Mike Bennett	SCVAC	42.04
2	Len Allbrighton	Stevenage	19.80

**M70+**

SP

1 Ian Miller MMTG 10.33

DT

1 Ian Miller MMTG 27.05

HT

1 Ian Miller MMTG 32.22

JT

1 Ian Miller MMTG 21.00

**W35**

200m

1 Sara Stanton Barnet 30.2

800m

1 Rosie Canham Luton 2:42.9

2 Kerry James Fairlands VS 2:43.9

HJ

1 Natasha Brunning Dacorum &amp; T 1.40

PV

1 Natasha Brunning Dacorum &amp; T 2.70

LJ

1 Natasha Brunning Dacorum &amp; T 4.90

TJ

1 Natasha Brunning Dacorum &amp; T 10.82

DT

1 Stephanie Mayfield Fairlands VS 12.56

HT

1 Stephanie Mayfield Fairlands VS 14.97

**W40**

100m

1 Amanda Rochester Barnet 14.7

200m

1 Amanda Rochester Barnet 30.5

400H

1 Sandra Reed Stevenage 70.9

HT

1 Allison Barber Stevenage 15.70

**W50**

100m

1 Tessa Stephenson Fairlands VS 15.6

200m

1 Tessa Stephenson Fairlands VS 32.1

3000m

1 Marie Heald Herts Phoenix 12:41.7

2 Sharon Crowley Fairlands VS 14:43.6

PV

1 Sue Yeomans Watford H 2.70

SP(2kg)

1 Joylyn Saunders-Mullins SCVAC 10.32

HT

1 Sharon Crowley Fairlands VS 16.19

JT (600g)

1 Joylyn Saunders-Mullins SCVAC 24.38

**W65**

200m

1 Iris Hornsey Fairlands VS 41.0

## Disability

### 100m

Martina Barber	U17W	T20	Stevenage	14.2
Simon Harris	U17M	T36	Fairlands VS	14.3
Calum Briars	U15B	T13	Stevenage	14.3
Amy Wareing	U17W	T38	Stevenage	15.4
Anthony Bryan	SM	T37	Herts Phoenix	15.9
Josh Scarborough	U15B	T37	Watford	16.4
Dominic Hopkins	U17M	T38	Herts Phoenix	16.4
Ben Barber	U15B	T20	Stevenage	16.8
Natalie Williams	U15G	T38	Stevenage	17.7
Sean McGeever	U17M	T36	Stevenage	17.9
Maria Verdeille	U17W	T35	Stevenage	19.1
Matthew Holgate	U17M	T20	Fairlands VS	20.0
Fiona Montgomery	U17W	T35	Stevenage	20.5
Culam Jones	U11B	T12	Stevenage	20.5
Victoria Joiner	U17W	T34	Stevenage	31.5

### 200m

Calum Briars	U15B	T13	Stevenage	29.9
Simon Harris	SM	T36	Fairlands VS	31.6
Anthony Bryan	SM	T37	Herts Phoenix	32.7
Amy Wareing	U17W	T38	Stevenage	33.6
Dominic Hopkins	U17M	T38	Herts Phoenix	35.2
Sean McGeever	U17M	T36	Stevenage	37.2
Natalie Williams	U15G	T38	Stevenage	40.6
Maria Verdeille	U17W	T35	Stevenage	42.7
Matthew Holgate	U17M	T20	Fairlands VS	42.9
Fiona Montgomery	U17W	T35	Stevenage	45.3

### Long Jump

Anthony Bryan	SM	T37	Herts Phoenix	4.00
Martina Barber	U17W	T20	Stevenage	3.75
Natalie Williams	U15G	T38	Stevenage	2.66
Ben Barber	U15B	T20	Stevenage	2.13

### Shot

Sophie Plummer	U15G	F46	Stevenage	6.41
Martina Barber	U17W	F20	Stevenage	6.41
Mitchell Dutton	U17M	F37	Watford H	8.20
Josh Scarborough	U15B	F37	Watford H	7.36
Joe Fundrey	U13B	F37	Stevenage	4.06

### Discus

Amy Wareing	U17W	F38	Stevenage	20.52
Sophie Plummer	U15G	F46	Stevenage	13.33
Maria Verdeille	U17W	F35	Stevenage	11.58
Fiona Montgomery	U17W	F35	Stevenage	9.95
Mitchell Dutton	U17M	F37	Watford H	31.79
Josh Scarborough	U15B	F37	Watford H	17.38
Sean McGeever	U17M	F36	Stevenage	12.14
Joe Fundrey	U13B	F37	Stevenage	10.64
Jack Wareing	U13B	F20	Stevenage	9.38

### Javelin

Sophie Plummer	U15G	F46	Stevenage	9.08
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## Open Events

### U11 Girls 80m

Bethany Shaw	unattached	11.9
Abigail Pickard	SNH	12.3
Shona-Leigh Pybus	SNH	12.7
Scarlett Kent	BAR	13.2
Mia Groom	BAR	13.4
Jade Canavan	SNH	13.7

### U11 Girls 600m

Sophie Morton	Chiltern	2:03.1
Abigail Pickard	SNH	2:06.2
Shona Pybus	SNH	2:06.4
Mia Groom	BAR	2:12.5
Emma Bolton	SNH	2:13.4
Scarlett Kent	BAR	2:17.9
Jade Canavan	SNH	2:27.9

### U11 Boys 80m

Ross Gladman	SNH	12.3
Woody Castang	BAR	13.5
Alfie Castang	BAR	13.8
Max Castang	BAR	13.9

### U11 Boys 600m

Louis Flinn	BAR	2:05.2
Alfie Castang	BAR	2:10.5
Woody Castang	BAR	2:12.4
Max Castang	BAR	2:15.5

### 100m - Race 1

Antonio Infantino	SM	SBH	11.0
Lewis Clarke	SM	D&T	11.1
Cameron Webb	SM	SNH	11.4
Craig Shearer	SM	D&T	11.6
Jonathan Rendell	U20M	D&T	11.7

### 100m – Race 2

Matt Pollard	SM	D&T	11.7
Ejikeme Kambidi	U20M	BAR	12.1
Nick Lauder	M40	E&H	12.8

### 100m – Race 3

Steven Edwards	SM	HPX	12.7
Sophie Keeble	U15G	SNH	13.0
Natalie Allen	U17W	HPX	13.3
Ellie Welsh	U15G	BAR	13.8

### 100m – Race 4

Pinky Zimmer	U15B	BAR	13.0
Dylan Rubini	U15B	St Marys	13.5
Matthew Mardle	U15B	SNH	13.9
Lisa Barber	U13G	SNH	16.5

### 200m

Nick Lauder	M40	E&H	26.1
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### 200m – Race 1

Antonio Infantino	SM	SBH	21.7
Cameron Webb	SM	SNH	22.4
Craig Shearer	SM	D&T	23.8

### 200m – Race 2

Ejikeme Kambidi	U20M	BAR	24.6
David Olusanya	M35	ESM	24.6
Steven Edwards	SM	HPX	25.9

### 200m – Race 3

Pinky Zimmer	U15B	BAR	27.1
Dylan Rubini	U15B	St Marys	28.3
Eleni Cervi	U15W	SNH	28.7
Ellie Welsh	U15G	BAR	28.9
Melissa Doran	U15G	SNH	29.6

### 200m – Race 4

Alessandra Stevens	U15G	SNH	29.7
Sarah Feely	U15G	SNH	30.4
Alisha Levy	U13G	SNH	32.5

### 200m – Race 5

George Groom	U13B	BAR	29.8
Alan Carter	M70	E&H	30.5
Rufus Kent	U13B	BAR	32.7
Joe Healy	U13B	BAR	35.1

### 300m

Hetty Rudman	U15G	BAR	45.5
Amber Meakins	U15G	HPX	47.2

### 400m

Owen Churton	SM	Cam U	54.1
Natalie Arrowsmith	SW	Cam U	65.0

### 800m

Philip Rich	SM	FVS	2:18.5
George Groom	U13B	BAR	2:36.9
Imogen Walker	U13G	HPX	2:38.1
Rufus Kent	U13B	BAR	2:51.1
Joe Healy	U13B	BAR	3:10.8
Lisa Barber	U13G	SNH	3:14.8

### 3000m

Benjamin Boxer	U17M	BAR	11:09.7
Thomas Butler	U15B	BAR	11:55.8
Jack Gladman	U15B	SNH	13:08.4

### 5000m

Liam Herbert	SM	FVS	20:15.3
Marc Green	SM	FVS	21:56.2

### 70H

Alice Semark	U13G	HPX	12.6
Bethany Harley	U13G	SNH	13.8

### 75H

Suzie Bentley	U15G	WAT	11.9
Megan Breen	U15G	HPX	13.8
Melissa Doran	U15G	SNH	14.1

**80H**

Matthew Hall	U15B	WAT	12.2
Nikkita Sartori-Sigrist	U17W	Orion	12.7
Sara Stanton	W35	BAR	13.7
Matthew Mardle	U15B	SNH	17.8

**100H**

Millie Phelan	U20W	SNH	16.4
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**300H**

Stephanie Williams	U17W		47.4
Nikkita Sartori-Sigrist	U17W	Orion	49.3

**3k Walk**

Francisco Reis	M50	Ilford	14:28.1
Helen Middleton	W45	E&H	17:08.3
Rod Dunn	M55	EVAC	17:29.6
David Ainsworth	M60	Ilford	22:43.9
Simon Harris (T36)	SM	FVS	27:59.3

**High Jump**

Elior Harris	SM	SNH	1.95
Martin Cherrington	SM	TIP	1.90

**Pole Vault**

Olivia Harry	U17W	HPX	2.50
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**Shot**

Patrick David	M55	SNH	11.07
Chris Line	U20M	D&T	10.29

**Discus**

Laura Feely	U17W	SNH	15.08
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Nick Percy	U17M	IOW	54.15
Chris Line	U20M	D&T	39.53
Ryan Harper	SM	Camb U	36.73
Neil Addison	U20M	SNH	33.51

**Javelin**

Eloise Meakins	U20W	HPX	38.71
Laura Feely	U17W	SNH	16.54

Neil Addison	U20M	SNH	42.94
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